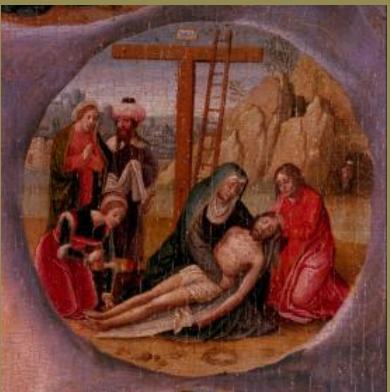


Feast of Our Lady of Seven Sorrows: September 15



6. Jesus is Laid in the Arms of His Mother

Jesus' side was struck with a lance by a soldier before He was taken down from the cross. Dear Mother, in the wounding of your compassionate heart, after **Jesus was taken down from the cross** and you held Him in your arms, obtain for me the virtue of fraternal charity and the gift of understanding.

Pray: Our Father (x1), Hail Mary (x7)

7. Jesus is Laid in the Tomb

Our sorrowful Mother, with the help of John and the holy women, devoutly placed Jesus in the sepulchre.

Dear Mother, for the pangs that wrenched your most loving heart at **the burial of Jesus**, obtain for me the virtue of diligence and the gift of wisdom.

Pray: Our Father (x1), Hail Mary (x7)



Closing Prayers: Most Merciful Mother, remind us always about the Sorrows of your Son, Jesus.

Queen of Martyrs, your heart suffered so much. I beg you, by the merits of the tears you shed in these terrible and sorrowful times, to obtain for me and all sinners of the world, the grace of complete sincerity and repentance. Amen.

Mary, who was conceived without sin and who suffered for us, pray for us (x3)

Make the Sign of the Cross

The Rosary of the Seven Sorrows of the Blessed Virgin Mary



Master of the Half Lengths, Virgin of the Seven Sorrows
Flemish, Late 16th Century, Barcelona, Museu Nacional d'Art de Catalunya

Make the Sign of the Cross

Opening Prayers: My God, I offer You this Rosary for Your glory, so I may honour Your Holy Mother, the Blessed Virgin, so I can share and meditate upon her suffering. I humbly beg You to give me true repentance for all my sins. Give me wisdom and humility so that I may receive all the indulgences contained in this prayer. Amen.

Pray: Act of Contrition: O my God, I am heartily sorry for having offended You, and I detest all my sins, because I dread the loss of heaven and the pains of hell; but most of all because they offend You, my God, You who are all good and deserving of all my love. I firmly resolve, with the help of Your grace, to confess my sins, to do penance, and to amend my life. Amen.

Pray: 3 Hail Mary's in compassion for our sorrowful Mother's tears and to offer our tears in union with hers.

To pray the Sorrowful Rosary of Our Blessed Mother (*pictured at the right*)

1. Pray the Opening Prayers.
2. Before each of the 7 Sorrows, pray:
Most Merciful Mother, remind us always about the Sorrows of your Son, Jesus.
3. After meditating on each of the 7 Sorrows of Our Blessed Mother, pray:
Our Father (x1), and Hail Mary (x7)
4. Pray the Closing Prayers.



2. Flight into Egypt

When Herod heard that Jesus, the Infant King of the Jews, had been born, he plotted to kill the Child Jesus. But an angel of the Lord appeared to St. Joseph in a dream and warned: "Arise, take the Child and His mother and flee into Egypt, and remain there until I tell thee."

Dear Mother, in the anguish of your most affectionate heart during the **flight into Egypt** and your sojourn there, obtain for me the virtue of generosity, especially toward the poor, and the gift of piety.

Pray: Our Father (x1), Hail Mary (x7)

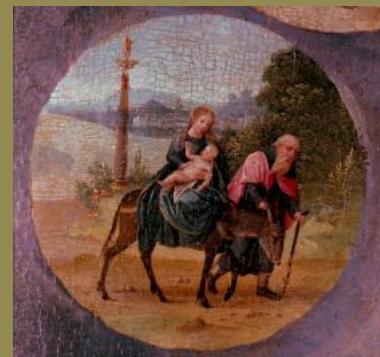


1. Presentation in the Temple

Forty days after Christ's birth, Mary presented Him in the temple. The aged Simeon, a just and devout servant of the Lord, took Jesus into his arms, and inspired by the Holy Spirit, exclaimed: "Behold, this child is destined for the fall and for the rise of many in Israel, and for a sign that shall be contradicted. And thy own soul a sword shall pierce, that the thoughts of many hearts may be revealed."

Dear Mother, in the affliction of your tender heart at the **prophecy of the holy and aged Simeon**, obtain for me the virtue of humility and the gift of the holy fear of God.

Pray: Our Father (x1), Hail Mary (x7)



3. The Loss in the Temple

The third sword that pierced Our Lady's heart was the three-day loss in the temple. At the age of twelve, Jesus went with Mary and Joseph to Jerusalem. Only when they were returning did Mary and Joseph realize that Jesus was not with them. They hurried back and for three days sought Him among friends and relatives. Finally, they found Him in the temple, listening to the teachers there and asking them questions.

Dear Mother, in those anxieties which tried your troubled heart at the **loss of your dear Jesus**, obtain for me the virtue of chastity and the gift of knowledge.

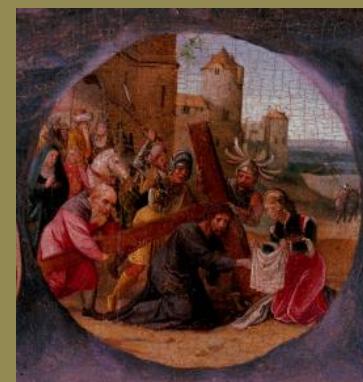
Pray: Our Father (x1), Hail Mary (x7)



4. The Way of the Cross

Mary meets Jesus carrying the heavy cross on which He is to be crucified. Exhausted, Jesus falls once more, unable to raise Himself. Dear Mother, in the consternation of your heart at **meeting Jesus as He carried His Cross**, obtain for me the virtue of patience and the gift of fortitude.

Pray: Our Father (x1), Hail Mary (x7)



5. Jesus Dies on the Cross

Jesus is shamefully stripped of His garments, His disfigured Body cruelly stretched out, His hands and feet nailed to the cross. Jesus suffered three excruciating hours on the cross and then He gave up his last breath.

Dear Mother, in the martyrdom which your generous heart endured in **standing near Jesus in His agony** obtain for me the virtue of temperance and the gift of counsel.

Pray: Our Father (x1), Hail Mary (x7)

